


LANCASTER

# CONSERVANCY

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**INGRID GRAHAM HISTORIC**
**HELLAM NATURE PRESERVE**
**SATURDAY, OCTOBER 17, 2026**

**Lancaster Conservancy is delighted to welcome you to Ingrid Graham Historic Hellam Nature Preserve as we celebrate the trails that connect us with nature. Thank you for joining us at Trail Fest, and thank you for being part of our conservation community!**

### About Lancaster Conservancy

For over 55 years, Lancaster Conservancy has been protecting and restoring natural land in Lancaster and York counties. The Conservancy's more than 50 nature preserves with over 60 miles of trails provide places to hike, hunt, fish, and connect with nature.

### About Ingrid Graham Historic Hellam Nature Preserve

This preserve was generously donated to the Conservancy by the Graham Family in 2025. The property features a floodplain forest, meadow, and section of Kreutz Creek as well as several historic structures. In addition to serving as a future public nature preserve, the Ingrid Graham Historic Hellam Nature Preserve will be a home for the Conservancy's engagement and education programs in York County.

**Explore, learn, volunteer, donate – head to lancasterconservancy.org to find your next outdoor adventure and get involved with the Lancaster Conservancy!**




## TRAIL FEST SCHEDULE

**1:00 – 5:30 PM**
**Nature Discovery Walk**
*Susquehanna River Art Collection closes at 5:00 PM

**1:00 – 6:00 PM**
**Food, beer, and cider sales**

**1:30 – 2:15 PM**
**Trailside Talk: A Hike Through Time - Landscape Detectives with Peggy Eppig, Lancaster Conservancy** Learn how to tell the story of our trailside landscapes by deciphering visible clues from the past.

**2:30 – 3:15 PM**
**Trailside Talk: Canaries in the Landscape - What Birds Tell Us About Habitat Health with David Arrow, York Audubon Society** Discover how the birds we see — and those we don't — reveal clues about the quality of a habitat.

**3:30 – 4:15 PM**
**Trailside Talk: Eco-Restoration Through Time with Keith Williams, Lancaster Conservancy** Explore how humans can restore nature and heal our relationship with it.

**3:00 PM**
**Main Stage: Mark Rast & Leo DiSanto**

**4:30 PM**
**Main Stage: Cumberland Honey**
**Nature Discovery Walk Prize Drawing** (at conclusion of concert)

## NATURE DISCOVERY WALK DRAWING

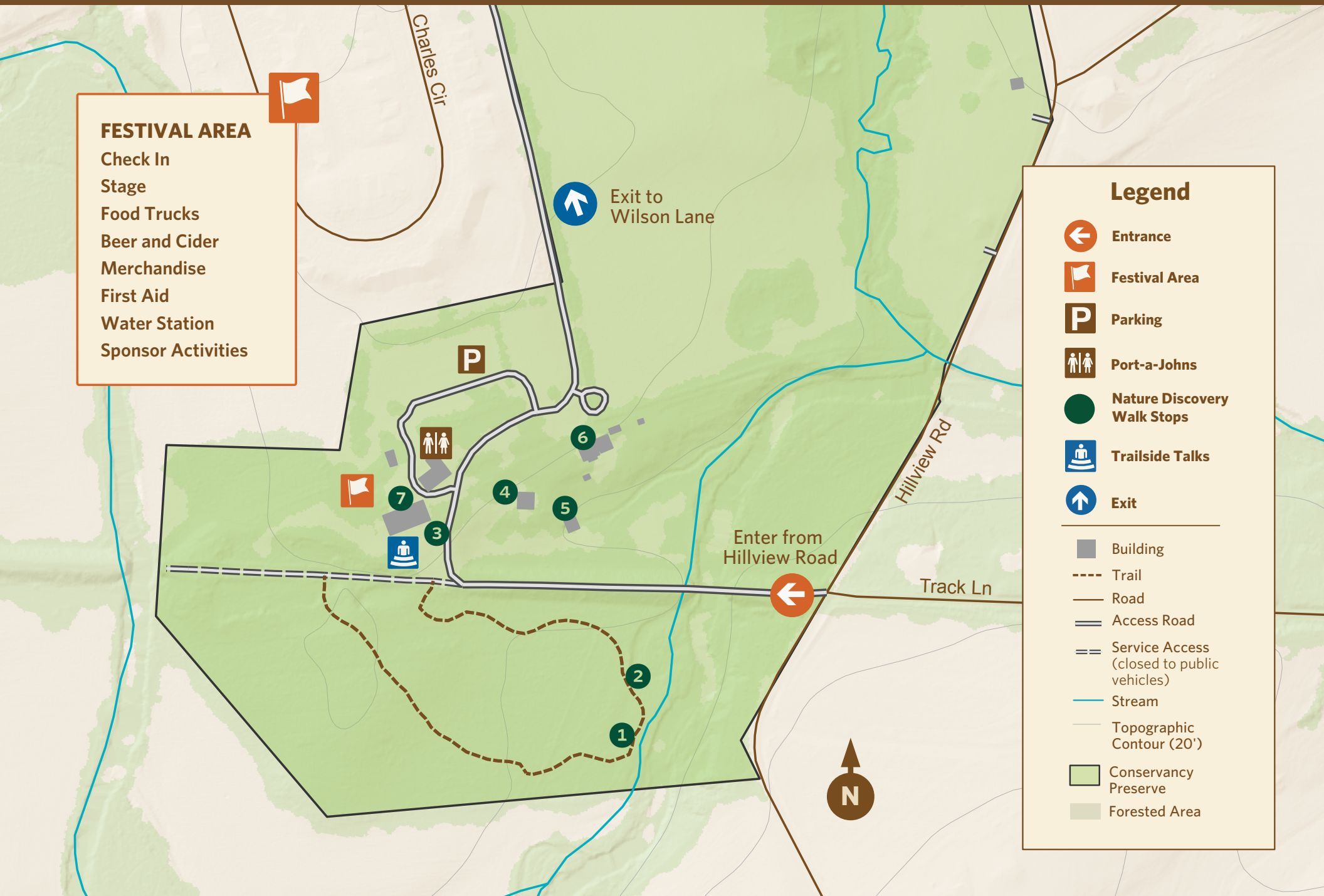
**Visit each station along the Nature Discovery Walk. Receive all six stamps to enter the prize drawing!**

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*Show us your completed passport at the Connect with the Conservancy table, station 7.*

# Trail Fest at Ingrid Graham Historic Hellam Nature Preserve

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# NATURE DISCOVERY WALK

**Discover the ecology, geology, and history of Ingrid Graham Historic Hellam Nature Preserve. At each station around the preserve, find the corresponding number below to learn more about what you see.**

### ❶ UNDERWATER LIFE

There is a whole universe of life hidden beneath the rocks in a stream. Some organisms can only survive in the highest quality water while others can endure the harshest of conditions. Explore the life of Kreutz Creek and learn how to determine water quality based on your observations.

### ❷ UNCOVERING WETLANDS

Floodplains are low-lying areas around rivers and streams that flood when water rises. They help reduce flooding downstream, protect water quality, and provide habitat for plants and animals. Past land uses have resulted in significant alterations to floodplains. Learn how past land use in this area has impacted Kreutz Creek and how the Conservancy plans to restore this wetland.

### ❸ ECOLOGICAL GARDENING

What we do in our yards matters to wildlife. Learn how simple things we do in our own yards and communities can make a big difference for nature, and get tips on how you can create healthy habitat at home!

### ❹ A TRIP THROUGH TIME

This log home was one of the first structures built by Europeans in the region. The ecology here now is very different from what it was back then in the 1700s. Beings such as Carolina parakeets, passenger pigeons, bison, red wolves, mountain lions, and timber rattlesnakes have been eliminated from our ecology. Learn about what this landscape was like, and the human relationship with it, at the time this log home was built. How can learning about the past help us consider our relationship with this landscape moving forward?

### ❺ THE MAKING OF A MEADOW

Meadows are an important type of ecosystem. The habitat and abundance of plants they contain provide homes for a variety of insects, birds, reptiles, amphibians and mammals. Explore a lawn being converted to a meadow via the simple method of not mowing.

### ❻ SUSQUEHANNA RIVER ART COLLECTION

The Susquehanna River Art Collection is comprised of over 150 works of art spanning four centuries, demonstrating how the Susquehanna River was at the center of the nation's key artistic, scientific, literary, and cultural innovations, serving as a foundational visual and intellectual proving ground for shaping an American Identity.

### ❼ CONNECT WITH THE CONSERVANCY

The Lancaster Conservancy owns and manages over 50 nature preserves in York and Lancaster counties. These preserves have more than 60 miles of hiking trails to enjoy free of charge every day! Come connect with the Conservancy to learn about our preserves, get a sneak peek at plans for Graham Nature Preserve, find your next outdoor adventure, and explore opportunities to give back to nature.

## CONNECT WITH NATURE

**What do you observe as you explore this preserve?**

**Keep an eye out for these things during your walk!**

- ☐ A wildflower
- ☐ A bug with wings
- ☐ A creek
- ☐ An old building
- ☐ A bird
- ☐ A painting of nature
- ☐ Another hiker
- ☐ A hiking trail

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**Thank you also to Nimblist, Triode, TAIT, and Whitestone for their in-kind support of this event.**